

# Injection Therapies

## B12 & B Complex Injections

B-12 is an essential vitamin in helping to form new, healthy cells in the body. It also boosts energy, helping to increase activity levels, which is often a concern for many patients. Additionally, B-12 can provide improved sleep, relief from allergies and stress, and can combat moodiness, as it is an essential vitamin for the nervous system. Using it as a supplement with our weight loss system will enhance your weight loss results.

Our B Complex injections contain a base of Methylcobalamin (B12) plus a proprietary formulation of Thiamine (B1), Riboflavin (B2), Niacinamide (B3), Pantothenic Acid (B5), Pyridoxal Phosphate (B6).

**Thiamin (B1):** Thiamin is an important coenzyme that helps the body convert food into energy. It also assists in manufacturing fat and metabolizing protein. Thiamin is necessary to maintain normal function in the nervous system while playing a part in the chain of reactions that provides energy for the body. It is thought to be beneficial for people suffering from Alzheimer's disease and older adults with mental impairment. Thiamin studies on volunteers have claimed an increase in mental acuity.

**Riboflavin (B2):** Riboflavin works together with the family of B-complex vitamins to provide the body with energy by metabolizing carbohydrates, fats, and proteins. It also helps in the regeneration of glutathione, an enzyme that rids the body of free radicals. Riboflavin may be able to decrease the number of migraine headaches a person has. It might also help to prevent cataracts. Riboflavin has helped to increase iron levels for those suffering from iron-deficiency anemia.

Niacinamide (B3): Niacin works with other b-complex vitamins to metabolize food and provide energy for the body. Niacin is very effective at correcting high cholesterol and preventing or reversing heart disease. It can be used to treat insulin-dependent diabetes. Some studies indicate it might also be effective in treating arthritis and migraine headaches.

Pantothenic Acid (B5): Pantothenic Acid helps the body extract energy from carbohydrates, fats, and proteins. It also helps to metabolize fats and produce red blood cells and hormones from the adrenal gland. Vitamin B5 might be useful in treating rheumatoid arthritis. It could also be used to lower blood cholesterol and triglyceride levels. Pantothenic acid is commonly found in "anti-stress" formulas because it works with the adrenal gland to produce stress hormones.

Pyridoxal Phosphate (B6): Pyridoxone is effective against more than 100 health conditions. It's used against maladies as serious as heart disease and everyday aggravations such as premenstrual syndrome and sensitivity to MSG. It can even help prevent the formation of kidney stones.

## **Lipo PLUS injection**

Lipotropic Enzymes + B12 (Methylcobalamin) + Additional B Vitamins + Amino Acids

We added a very specific formulation of amino acids to our B Complex injection to form our Lipo PLUS injection. B Vitamins work so closely with one other that a deficiency in any one B Vitamin can lead to poor functioning of any or all of the others even if they are in good supply. B vitamins have been long thought of as anti-aging treatments to enhance energy levels and address the slowing metabolism that is common as we age. B Vitamins are particularly important for energy, stable moods, healthier skin, hair and eyes. If you have trouble with low energy levels, a slow metabolism and weight gain, you may benefit from our Lipo PLUS Injections.

## **Additional Ingredient information:**

Choline supports the health of the liver in its processing and excretion of chemical waste products within the body. Moreover, it is required for the transport and metabolism of fats and cholesterol within the body, which is important for the healthy support of the endocrine, cardiovascular and hepatic systems.

Methionine is one of the sulfur-containing amino acids (cysteine & cystine are others) and is important for many bodily functions. It acts as a lipotropic agent to prevent excess fat buildup in the liver and the body, is helpful in relieving or preventing fatigue and may be useful in some cases of allergy because it reduces histamine release.

Inositol, a nutrient belonging to the B vitamin complex, is closely associated with Choline. It aids in the metabolism of fats and helps reduce blood cholesterol. Inositol participates in action of serotonin, a neurotransmitter known to control mood and appetite. The different ingredients of this mixture are known to have the following attributes: Proper metabolism of fats and removal of fat from the liver, energy boost, speed up thought process and improve mood, building blocks for cell walls, essential components for normal cell and brain functions, helps control cholesterol levels and gallstones, helps emulsify cholesterol and detoxify amines, helps keep healthy skin tone and strong nails, promotes healthy hair growth and controlling estrogen levels, helps with transforming carbohydrates into energy and aids in digestion.