

# Potential Benefits of Therapy

## Physical

- Increased energy
- Increased bone density
- Reduced risk of obesity, diabetes and metabolic syndrome
- Reduced risk of cardiovascular disease
- Reduced risk of osteoporosis
- Reduced body fat
- Reduced risk of anaemia
- Increased lean body mass and muscle strength

## Sexual

- Increased libido
- Increased sexual enjoyment
- Increased satisfaction with erections
- Increased sexual activity

## Psychological

- Improved mood and sense of well being
- Improved cognition and memory function